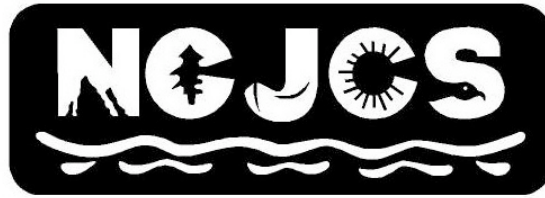


SINCE 1981



What do I need to Bring?

There are a few necessary items that you need to bring with you to NCJCS, use this checklist to pack your bags.

Using a footlocker, or large Rubbermaid trunk, may be your best means of packing your things to NCJCS. It's sturdy, easy to find things in, and weatherproof!!!

Necessary items:

- Sleeping Bag
- Pillow
- Towels
- Toiletries
- Toothbrush
- Clothing for a week
- Long Pants (2 pair)
- Swimsuit (at least two)
- Hiking boots (break them in before you get here!)
- Old Sneakers
- Water shoes (not sandals!)
- Flashlight
- Batteries
- Canteen/Bottle
- Sun-screen
- Rain Coat
- Plastic bags (for dirty cloths)
- Hat
- Jacket
- sweatshirts
- Backpack

- And extra clothing, *muddy and wet* will be a theme of the week...

Optional items:

- Camera
- Sunglasses
- Binoculars
- Fishing Gear
- Your own PFD

What not to bring:

- Radio
- MP3 players
- Tape Players
- Cell Phones
- Computers
- Game boys
- Cell phones...yeah we listed this twice
- Portable TV's
- Illegal substances
- Tobacco products
- Weapons
- Food/candy/snacks

www.NCJCS.org

NCJCS P.O. Box 261 Bath, Pennsylvania 18014

If you have any questions call Andrew Curtis, Director (215)679-0259